

LAPS

Little Athletics Program for Schools

Our School Athletics Coaching program is the perfect preparation for your school athletics carnival.

SCHOOL ATHLETICS COACHING

The Little Athletics NSW School Athletics Coaching program is an event specific coaching program designed for primary schools. We offer fun, highly active sessions aimed at developing not only the fundamental skills of athletics, but also event specific techniques that facilitate the confidence to participate.

Take advantage of our FREE "Give it a Go" day!

Our FREE 'Give it a Go' day offers you:

- A taste of our program
- An athletics circuit that offers maximum group participation, physical activity, skill development and learning, and lots of fun.
- Fully qualified and accredited coaches
- A no strings attached, obligation free offer to simply 'Give it a Go'

We also offer:

- Event specific sessions to meet your desired duration (ie. one-off sessions for representative teams, regular sessions over multiple weeks, or as an option for weekly school sport
- Our coaches can attend and officiate at your school carnival
- Specific workshops to suit your schools needs
- Teacher education sessions



For more information please phone the office on 02 9633 4511 or email admin@lansw.com.au

Please note: Delivery of the above programs is dependent on coach availability. These programs are NOT Sporting Schools Programs and LANSW cannot guarantee your school can utilise the Sporting Schools funding. Schools are only permitted one free session per year.