NSWPSSA Selection Trials

Sport : Selection Trial - 2019 NSWPSSA Athletics Representative Team

Date: Thursday 8 August 2019

Venue: Sydney Olympic Park Athletic Centre, Homebush

Application for invitation to the NSWPSSA Selection Trials for the 2019 School Sport Australia Track & Field Championships.

This trial is not for participation at the NSWPSSA State Athletics Championships held on 6 and 7 November 2019. Students will need to qualify for these championships through their school and association representative pathway.

In 2019 the School Sport Australia Track and Field Championships will be held in the Northern Territory.

Due to extreme heat conditions in Darwin during November/December when the National Track and Field Championships are traditionally held, this year's SSA event will be held from the 18-23 September 2019.

In order to select a NSW representative track & field team for this event, the NSWPSSA will be holding a special selection trial.

Participation at these trials will be via a formal application to NSWPSSA and athletes MUST compete at this event to achieve selection in the 2019 NSW representative team.

An entry fee will be applicable to successful athletes.

Age eligibility:

Participants must be in at least their tenth year (turning ten during the year of competition) in order to compete at a School Sport Australia Championship as per School Sport Australia policy.

There are no events at the SSA 12 Years & Under Championships for competitors under ten or turning thirteen.

All athletes must apply using the form provided and include a verifiable official time, distance or height that meets the minimum qualifying requirements listed below, for each event he/she is applying for.

Completion of this application does not guarantee the right to compete at these trials as there are strict entry limits for all events. The convener will consider all applications and send invitations and further information electronically to successful athletes.

Please note:

Any athletes who attend on the day without a formal invitation or approval will be unable to compete.

Notes on Qualifying Times, Distances & Weights

- For throws, the implement weight should be added eg 500g, 2kg etc.
- All official times, distances or heights must have been achieved at a school, PSSA or official athletics event after August 1, 2018 and must be verifiable. Please submit the name of a school or athletics official who can verify submissions and/or supply a link to an online verification source such as a PSSA or Little Athletics website e.g. regional or state championships results.

Important information:

- **Late applications will not be considered.**
- Any student competing at the selection trials must be available to attend the School Sport Australia Track and Field Championships in Darwin everyday between Wednesday 18 and Monday 23 September 2019 inclusive.
- Only students invited to the Selection Trial will be considered for the state team and these students must compete at the trial to gain a position.
- No special consideration will be given to athletes who can not attend due to clashes with other sporting or personal commitments.
- No medals will be awarded at this event.
- Successful applicants will be notified via email, with all successful students listed. If you do not wish for your child's name to be published on this list please indicate on application form.

Events

Able bodied events will be separated into 10 years, 11 years and 12 years in the following events:

Category	Event name
Track:	100m, 200m, 800m and 1500m
Field:	Discus, High Jump, Long Jump and Shot Put

Multi Class events will be separated into 10 years, 11 years and 12 years in the following events:

Category	Event name
Track:	100m, 200m and 800m
Field:	Discus, Long Jump and Shot Put

Entry limits (solely at the discretion of the NSWPSSA Convener)

Able Bodied Entries	Multi Class Entries
Track events – maximum of 18 competitors	Track events – maximum of 9 competitors
Field events – maximum of 15 competitors	Field events – maximum of 10 competitors

NSWPSSA Able Bodied Qualifying Times, Heights and Distances

Athlete results must equal or better the times, distances or heights listed below to be considered:

Event	10 years Girls	10 years Boys	11 years Girls	11 years Boys	12 years Girls	12 years Boys
100m	15.00	14.50	14.50	14.00	14.00	13.50
200m	31.00	30.00	30.00	29.00	29.50	28.00
800m	02:50.00	02:45.00	02:45.00	02:40.00	02:40.00	02:30.00
1500m	5.50.00	5.45.00	5.35.00	5.25.00	5.30.00	5.15.00
Long Jump	3.60m	3.90m	3.90m	4.00m	4.10m	4.20m
High Jump	1.20m	1.30m	1.25m	1.35m	1.35m	1.45m
Shot	8.30m (2kg)	9.20m (2kg)	8.50m (2kg)	9.50m (2kg)	8.20m (3kg)	9.50m (3kg)
Discus	24m (500g)	27m (500g)	25m (750g)	27m (750g)	26m (750g)	30m (750g)

Important: Late applications will not be considered.

NSWPSSA Multi Class Qualifying Marks

Multi class athlete results must equal or better the times, distances or heights listed below to be considered:

Girls Multi Class qualifying marks

Classification	100m	200m	800m	Long Jump	Shot	Discus
TF 01	25.01	51.50	05:33.00	1.50	3.10	6.40
TF 11	31.90	62.70	06:48.50	1.30	2.30	4.70
TF 12	27.10	56.90	06:05.00	1.30	3.00	6.60
TF 13	25.90	53.20	06:07.00	1.40	3.10	6.80
TF 20	24.60	51.30	05:35.00	1.50	3.20	7.00
TF 32	84.50	129.20	11:08.00	n/a	1.50	1.50
TF 33	52.30	90.50	07:09.38	n/a	1.60	2.10
TF 34	45.30	80.20	06:30.00	n/a	1.60	2.60
TF 35	40.90	85.20	10:14.00	0.70	1.80	2.40
TF 36	32.30	72.90	09:23.50	0.90	2.10	3.80
TF 37	29.90	61.30	07:24.00	1.30	2.70	5.40
TF 38	28.40	58.90	07:05.00	1.30	3.00	5.20
TF 40	57.60	98.60	n/a	n/a	1.70	3.30
TF 42	41.00	92.50	n/a	1.00	2.20	4.30
TF 43-44	33.00	68.20	08:44.00	1.20	2.60	5.40
TF 45-46	25.50	53.10	06:19.00	1.20	2.70	5.70
TF 51	84.50	129.20	11:08.00	n/a	1.50	1.50
TF 52	46.60	84.60	06:37.50	n/a	1.20	1.60
TF 53	35.90	66.10	04:59.00	n/a	1.20	2.10
TF 54	34.50	60.60	04:42.00	n/a	1.80	2.90
F 55	n/a	n/a	n/a	n/a	2.10	4.40
F 56	n/a	n/a	n/a	n/a	2.20	3.60
F 57	n/a	n/a	n/a	n/a	2.40	4.00
F 58	n/a	n/a	n/a	n/a	2.40	4.80
TF 60	27.70	63.50	07:16.00	1.40	2.60	5.60
TF 61	41.00	92.50	n/a	1.00	2.20	4.30
TF 62	33.00	68.20	08:44.00	1.20	2.60	5.40
TF 63	41.00	92.50	n/a	1.00	2.20	4.30
TF 64	33.00	68.20	08:44.00	1.20	2.60	5.40

Boys Multi Class qualifying marks

Classification	100m	200m	800m	Long Jump	Shot	Discus
TF 01	23.30	45.80	05:11.50	2.00	4.70	12.00
TF 11	27.60	53.80	05:33.50	1.35	3.20	8.00
TF 12	24.00	48.80	05:05.87	1.70	4.60	11.00
TF 13	23.60	45.90	04:58.00	1.90	4.90	11.00
TF 20	22.70	44.70	04:48.25	2.00	4.40	10.00
TF 32	55.90	94.90	07:16.50	n/a	2.00	2.50
TF 33	40.40	77.40	06:27.00	n/a	2.70	4.00
TF 34	38.70	67.80	05:14.50	n/a	3.50	8.30
TF 35	31.30	66.90	08:43.25	1.00	3.50	9.00
TF 36	26.90	57.30	06:15.00	1.30	3.70	7.50
TF 37	25.80	51.40	05:22.50	1.60	4.10	10.00
TF 38	23.60	47.50	05:11.37	1.70	4.00	9.00
TF 40	38.30	80.90	14:07.25	0.60	2.90	4.90
TF 42	31.40	67.50	14:07.25	1.20	3.30	8.50
TF 43-44	27.30	50.60	05:59.88	1.60	4.50	10.00
TF 45-46	23.00	45.60	04:59.63	1.90	4.20	10.00
TF 51	55.90	94.90	07:16.50	n/a	n/a	n/a
TF 52	39.40	69.50	05:19.25	n/a	2.80	3.50
TF 53	31.80	56.90	04:17.12	n/a	2.20	3.70
TF 54	28.90	52.40	03:57.75	n/a	3.00	6.30
F 55	n/a	n/a	n/a	n/a	3.20	7.00
F 56	n/a	n/a	n/a	n/a	3.30	7.50
F 57	n/a	n/a	n/a	n/a	3.80	8.20
F 58	n/a	n/a	n/a	n/a	4.40	9.50
TF 60	23.90	50.00	05:30.50	1.80	3.90	9.50
TF 61	31.40	67.50	14:07.25	1.20	3.30	8.50
TF 62	27.30	50.60	05:59.88	1.60	4.50	10.00
TF 63	31.40	67.50	14:07.25	1.20	3.30	8.50
TF 64	27.30	50.60	05:59.88	1.60	4.50	10.00

Important: Late applications will not be considered.

NSWPSSA Multi Class Implement Weights

Classification	10 Years Shot Put	10 Years Discus	11 Years Shot Put	11 Years Discus	12 Years Shot Put	12 Years Discus
F01	2 kg	500 g	2 kg	750 g	3 kg	750 g
F11-13	2 kg	500 g	2 kg	750 g	3 kg	750 g
F20	2 kg	500 g	2 kg	750 g	3 kg	750 g
F32	1 kg	500 g	1 kg	500 g	2 kg	500 g
F33	1 kg	500 g	1 kg	500 g	2 kg (1 kg)	500 g
F34	2 kg	500 g	2 kg	500 g	2 kg	500 g
F35	2 kg	500 g	2 kg	500 g	2 kg	500 g
F36	2 kg	500 g	2 kg	500 g	2 kg	500 g
F37	2 kg	500 g	2 kg	500 g	2 kg	500 g
F38	2 kg	500 g	2 kg	500 g	2 kg	500 g
F40/41	1.5 kg	500 g	1.5 kg	500 g	2 kg	750 g (500 g)
F42	2 kg	500 g	2 kg	750 g	3 kg	750 g
F43/44	2 kg	500 g	2 kg	750 g	3 kg	750 g
F45	2 kg	500 g	2 kg	750 g	3 kg	750 g
F46	2 kg	500 g	2 kg	750 g	3 kg	750 g
F51	No Event	350 g	No Event	500 g	No Event	500 g
F52	1.5 kg	350 g	1.5 kg	500 g	2 kg	500 g
F53	1.5 kg	350 g	1.5 kg	500 g	2 kg	500 g
F54	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F55	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F56	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F57	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F58	1.5 kg	350 g	2 kg (1.5 kg)	500 g	2 kg	500 g
F60	2 kg	500 g	2 kg	750 g	3 kg	750 g

APPLICATIONS

To be considered for the **Selection Trial for the 2019 NSWPSSA Athletics Representative Team** complete either the online entry application via links below or complete and submit paper entry forms at the end of this information package.

Please note a separate online form must be completed for each event an athlete is applying for.

Applications close: 5pm Wednesday 26 June 2019.

Important: Late applications will not be considered.

Able Bodied Application: http://bit.ly/Able-bod_application

Multi Class Application: http://bit.ly/MClass_Application

Should you have any questions regarding these trials or have difficulty submitting an application please contact:

Jason Wilesmith

R/Executive Officer

NSW Primary Schools Sports Association

Senior Education Officer | DoE School Sport Unit

Ph: 02 9707 6927

Email: jason.wilesmith@det.nsw.edu.au

NSWPSSA 2019 ATHLETICS SELECTION TRIALS
8 August 2019 – Sydney Olympic Park Athletic Centre

Able-bodied– application for entry (page 1 of 2)

Please Note: *A valid email address is required in order to confirm athlete's eligibility and to forward any appropriate information*

Required information	Please complete:	Required information	Please complete:
Student's last name		Student's first name	
Student's age (in 2019)		Student's date of birth	
Home address		Email address	
Parent's name/s		Parent phone number	
Student's school name		School address	

Please circle age and event/s interested in applying for:

Age:	10 Years	11 Years	12 Years	
Track Events:	Boys 100m	Boys 200m	Boys 800m	Boys 1500m
Track Events:	Girls 100m	Girls 200m	Girls 800m	Girls 1500m
Field Events:	Boys Discus	Boys Shot Put	Boys High Jump	Boys Long Jump
Field Events:	Girls Discus	Girls Shot Put	Girls High Jump	Girls Long Jump

Student's last name: _____ Student's first name: _____

NSWPSSA 2019 ATHLETICS SELECTION TRIALS

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Event/s	**Student's Time/Distance** (Include weight of discus/shot put)	**Date & event when result recorded**	**Official Contact for Verification** (Name, position, phone number)	**Website link for online verification**

Completed applications form must be submitted with appropriate documentation to the NSWPSSA Office by 5pm, Wednesday 26 June 2019.

Email to: jason.wilesmith@det.nsw.edu.au

or

Post to: NSWPSSA – Athletics Selection Trials

Locked Bag 1530

Bankstown NSW 2200

NSWPSSA 2019 ATHLETICS SELECTION TRIALS
8 August 2019 – Sydney Olympic Park Athletic Centre

Multi Class– application for entry (page 1 of 2)

Please Note: *A valid email address is required in order to confirm athlete's eligibility and to forward any appropriate information*

Required information	Please complete:	Required information	Please complete:
Student's last name		Student's first name	
Student's age (in 2019)		Student's date of birth	
Home address		Email address	
Parent's name/s		Parent phone number	
Student's school name		School address	
Classification	Track:	Classification	Field:

Classification status: (please circle) National Provisional Review

Please circle age and event/s interested in applying for:

Age:	10 Years	11 Years	12 Years
Track Events:	Boys 100m	Boys 200m	Boys 800m
Track Events:	Girls 100m	Girls 200m	Girls 800m
Field Events:	Boys Discus	Boys Shot Put	Boys Long Jump
Field Events:	Girls Discus	Girls Shot Put	Girls Long Jump

Student's last name: _____ Student's first name: _____

NSWPSSA 2019 ATHLETICS SELECTION TRIALS

8 August 2019 – Sydney Olympic Park Athletic Centre

Multi Class– application for entry (page 2 of 2)

Event/s	**Student's Time/Distance** (Include weight of discus/shot put)	**Date & event when result recorded**	**Official Contact for Verification** (Name, position, phone number)	**Website link for online verification**

Completed applications form must be submitted with appropriate documentation to the NSWPSSA Office by 5pm, Wednesday 26 June 2019.

Email to: jason.wilesmith@det.nsw.edu.au

or

Post to: NSWPSSA – Athletics Selection Trials

Locked Bag 1530, Bankstown NSW 2200