# School Sport Unit

## Term 2 update





The value of physical activity and sport has never been more important than now. The interconnection between physical activity and wellbeing is strong, research-based and well-documented. The School Sport Unit is delighted to be offering many exciting initiatives and opportunities for students and staff during this term. I want to acknowledge the work of all staff who volunteer to assist and run our valuable programs. Your dedication is highly valued and imperative in order to provide valuable learning opportunities for students.

Last term saw the successful organisation and hosting of our first major State Championships of the year – the NSWCHSSA and NSWPSSA Swimming and Diving Championships. These prestigious events saw 3, 269 students from across the state compete with pride, each striving for a personal best as they represented their school and Association.

During Week 6, the Primary Schools Sports Association 'Magic Round' was held in Tamworth. This event brought together four State Championships, Boys' and Girls' Hockey and Boys' and Girls' Basketball held simultaneously from 31 May - 3 June. I am sure everyone involved enjoyed the atmosphere created by having so many students competing in one place at one time.

To stay up-to-date with all that the School Sport Unit (SSU) has to offer, we encourage you to follow our Facebook page and regularly check our website.

**Peter Banks**

**Leader, School Sport Unit**

# SSU Award Ceremony




After the success of the inaugural Awards Ceremony last year, the SSU is thrilled to be hosting the virtual event again on Thursday 8 December 2022.

This ceremony aims to recognise and congratulate colleagues around the state who consistently support our students to achieve their best through sport and physical activity.

Nominations will be open from **Tuesday 19 July 2022.**

Stay tuned as more information regarding the 2022 event will be released throughout the year

**Read more**

# Programming for weekly school sport

The School Sport Unit is excited to launch the Sport education teaching resource. Teachers will find a series of 5-week units for sports such as basketball, netball and cricket. Students are engaged to learn the skills of the sport through a game-based approach, while also experiencing the major characteristics of sport and it's many wellbeing benefits, such as competing as part of a team.




**Visit here**

# Live streaming



Our live streaming of Championships so far this year has been a huge success! The NSWCHSSA and NSWPSSA Swimming and Diving Championship streams received a total of over 36,000 views.

During Term 2 the following evens have been live streamed:

- **Boys' Basketball** on 3-5 May in Minto
- **NSWCHSSA Boys' and Girls' Football** on 17-19 May in Bathurst
- **Primary Girls' Australian Football** on 23-24 May in Coffs Harbour
- **NSWPSSA Australian Football** on 25-27 May in Coffs Harbour
- **NSWPSSA Boys' and Girls' Basketball** on 31 May-3 June in Tamworth
- **NSWPSSA Boys' and Girls' Hockey** on 31 May-3 June in Tamworth
- **NSWCHSSA Netball** on 31 May-3 June in Sydney

Remaining events to be live streamed in Term 2:

- **NSWPSSA Rugby League Opens** on 21-23 June in Kiama

## Have you seen our new look website home page?

You can find quick links to event information, important links and latest news.




Visit here

# Premier's Sporting Challenge

**2022 Registrations**

Currently there are just over 1,300 primary and secondary schools registered for this year's 10 week Challenge. It's not too late to sign up!

Schools wishing to register for either the 10 week Challenge and/or Race Around Australia can still do so up until the last day of Term 2.

**2022 PSC Virtual Launch**

Hosted through DART Learning on 29 April, the 'live' launch had over 100 schools and 15,000 students registered.

Schools who missed the 'live' launch can still kick off their 10 week Challenge by staging a virtual launch event using our launch videos! Our videos have been carefully scripted and pre-recorded giving Facilitators and schools the chance to preview the videos for suitability for their students.

**10 week Challenge (10wc) resources**

Printable and digital/editable logbooks and wall charts as well as the 10wC activity tracker web app are available to all users in Years 3 and above. All 10wC resources and more can be found on the 10 week Challenge resources and support webpage under the 'Recording the challenge' section.

More information







# Opportunities for students with disability

Our Inclusive Sport team has hosted numerous Come-and-Try Athletics days and Multi-Sport days across NSW during Term 2.

The State Boccia Knockout began in Week 5, and all regional rounds will be played this term.

Boccia refereeing courses are being held to train students in selected high schools.

A new All-abilities Touch Football day will also be trialled, with further information to come.

If you need assistance with classifying students for multi-class events in Cross Country or Athletics, visit our Disability and Inclusion webpage or contact us.

Learn more

# School swimming and water safety

Schools that have not yet registered for Term 3 or 4 2022, or Term 1 or 2, 2023 can still register through by completing the online registration form. Programs for the upcoming season will be finalised soon, with schools receiving details about their program allocations towards the end of the term.

Have you seen our ‘Let's be water safe!’ classroom resources? Currently tailored for Stages 1, 2 and 3, the learning sequences, animations and classroom worksheets provide detailed teaching resources for delivery of water safety education in the classroom.

Learn more



# Policy and guidelines




After a term and a half of sport and physical activity opportunities, a few common threads have emerged:

**External sporting bodies - 'interschool sports' events**
There are a number of sporting bodies that hold weekend (or sometimes weekday) events and call them 'interschool sports' events, where entrants are asked to provide signed consent from their school Principal. Common examples include Snow Sports and Horse Sports. School Executives should note that unless the school is meeting its duty of care by conducting a thorough risk assessment and providing supervision for the event, permission or sign-off should not be provided without the statement "this is not a NSW Department of Education endorsed event. The school is not providing any supervision and children are in the care of their parents/carers."

In some instances schools may be sending a team and risk assessments including allocation of supervision etc are documented through a formal risk management process in consultation with Health and Safety Directorate.

**Important information regarding external providers**
Schools and teachers have a duty of care at all times for activities undertaken by their students and cannot relinquish their supervisory responsibilities if the activity is being undertaken by an external provider.

Schools should refer to Requirements for all sport and physical activity (updated September 2020) and the NSW Government Publication Guidelines for Using Contracted External Providers to Physical Education and School Sport which are published on our website, under Sport safety guidelines.

**Exemption from school to attend training for elite athletes**
This Exemptions' policy is only for late arrival or early departure for a short period of time in the lead-up to National or International events or trials. It should not be used for longer than 8 weeks and must be completed in consultation with the local Director. This policy does not provide for a student to miss timetabled sport every week, so that they can attend their own training sessions.

**To support the risk management when implementing aquatics-based activities:**
Royal Life Saving Society Perform Basic Water Rescue accreditation will give participants the minimum requirement needed to comply with the DoE Sport Safety Guidelines, swimming and water safety. Upon completion, teachers will be

Upon completion, teachers will be qualified to supervise students during school based aquatic recreational activities, such as fishing, canoeing, pool and water play, during excursions and/or school camps plus weekly sport activities involving water.

It should be noted that the aquatic industries' teacher of swimming accreditation's include "perform basic water rescues" in the full ‘instructor courses’. For teachers wishing to become accredited learn- to-swim instructors and to support schools and communities re-engage with aquatics, the School Sport Unit will reimburse schools up to $300 for the cost of the workshop and provide relief costs for teachers attending a swim teacher course on a school day. Please contact the School Sport Unit to organise relief payment and reimbursement or complete the Swim teacher accreditation form.

The Swim Teacher License is a requirement for teachers instructing in school-initiated learn-to-swim programs to comply with the DoE Sport Safety Guidelines, swimming and water safety. The three swim teacher workshops provided by RLSSA, AUSTSWIM and ASCTA also include the "perform basic water rescue" accreditation.

**Learn more**

## Stay up-to-date:

**Facebook** **YouTube** **Vimeo**

We acknowledge the homelands of all Aboriginal people and pay our respects to Country.